

Don Green Memorial Track Meet Saturday March 2, 2019

Where: Moorpark High School

At Buena: 6:15 am

Bus Time: 6:30 a.m.

Meet Time: 8:30 am running 9:00 am field events

Return to Buena: approx. 6 pm – 7 pm (depends on number of teams / heats)

What to Bring: Uniform, Shoes- Training shoes and spikes, Socks, Filled Water Bottle, Sunscreen, Healthy Snacks / Drinks, **Sweatshirt, Sweats**, cheering voice ☺, \$ for shirt or snack bar if you wish.

Awards: Medals are awarded to the top 5 performances per event. Relay top 3. Medals will be given out at the end of the meet.

Admission Prices: Adults/ Students \$7.00; Children (5-13) \$5.00; Children 4 and under free.

Event Check In Procedures: All athletes will get 1 tag with their competitor number on it. This is your number for the entire meet. Listen for your event calls

Running Event Check In: Athletes will check in at the tent near the entrance to the track / 100 m starting line.

Field Event Check In:

Check in at the Event Location, all check-in should happen by 8:00AM for all events. Flights will be assigned at this time.

Girls Fr/So	300	Hurdles	Long Jump	
Girls Jr/Sr	300	Hurdles	Girls Jr/Sr	9:00-11:00
Boys Fr/So	300	Hurdles	Boys Jr/Sr	9:00-11:00
Boys Jr/Sr	300	Hurdles	Girls Fr/So	11:00-1:00
Girls Fr/So	4 x 100	Relay	Boys Fr/So	11:00-1:00
Boys Fr/So	4 x 100	Relay		
Girls Jr/Sr	4 x 100	Relay	Triple Jump	
Boys Jr/Sr	4 x 100	Relay	Girls Jr/Sr	1:00
Girls Fr/So	100	Meters	Boys Jr/Sr	1:00
Boys Fr/So	100	Meters	Girls Fr/So	1:00
Girls Jr/Sr	100	Meters	Boys Fr/So	1:00
Boys Jr/Sr	100	Meters		
Girls Fr/So	400	Meters	High Jump	
Boys Fr/So	400	Meters	Girls Jr/Sr	9:00 4'4
Girls Jr/Sr	400	Meters	Boys Jr/Sr	9:00 5
Boys Jr/Sr	400	Meters	Girls Fr/So	12:00 3'8
Girls Fr/So	100	Hurdles	Boys Fr/So	12:00 4'4
Girls Jr/Sr	100	Hurdles	Shot Put	
Boys Fr/So	110	Hurdles	Boys Fr/So	9:00
Boys Jr/Sr	110	Hurdles	Boys Jr/Sr	11:00
Girls Fr/So	200	Meters	Girls Fr/So	1:00
Boys Fr/So	200	Meters	Girls Jr/Sr	2:00
Girls Jr/Sr	200	Meters	Discus	
Boys Jr/Sr	200	Meters	Girls Fr/So	9:00
Girls Fr/So	4 x 400	Relay	Girls Jr/Sr	11:00
Boys Fr/So	4 x 400	Relay	Boys Fr/So	1:00
Girls Jr/Sr	4 x 400	Relay	Boys Jr/Sr	2:00
Boys Jr/Sr	4 x 400	Relay		