

## Don Green Memorial Track Meet Friday March 1 , 2019

**Where:** Moorpark HS

**Project Time:** 11:30 am

**Bus Time:** 11:45 am

**Meet Time:** 3:00 pm

**Return to Buena:** approx 9 pm (depends on number of teams / heats)

When we get to the meet we will, get team our site. If you are not competing, you are expected to dress as if you are racing and take times / splits or help the coaches. See the premeet checklist below. Pack your bag tonight.

**What to Bring:** Uniform, Shoes- Training shoes and spikes, Socks, Filled Water Bottle, Sunscreen, Healthy Snacks / Drinks, Sweatshirt, Sweats, cheering voice ☺, \$ for shirt or snack bar if you wish.

**Awards:** Medals are awarded to the top 5 performances per division / event. Top 3 for Relays. Medals will be given out at the end of the meet.

**Admission Prices:** Adults/ Students \$7.00; Children (5-13) \$5.00; Children 4 and under free.

**Event Check In Procedures:** All athletes will get 1 tag with their competitor number on it. This is your number for the entire meet. Listen for your event calls

**Running Event Check In:** Athletes will check in at the tent near the entrance to the track / 100 m starting line.

### **Don Green Distance Carnival Friday Schedule**

Time	Division	Event
3:00	FS Girls	3200
3:20	FS Boys	3200
3:35	FS Girls	4 x 800 Relay
3:50	FS Boys	4 x 800 Relay
4:05	JS Girls	4 x 800 Relay
4:20	JS Boys	4 x 800 Relay
4:35	FS Girls	1600
5:05	FS Boys	1600
5:40	JS Girls	1600
6:00	JS Boys	1600
6:20	Girls Invitational	1600
6:30	Boys Invitational	1600
6:40	JS Girls	3200
7:00	JS Boys	3200
7:15	FS Girls	800
7:30	FS Boys	800
7:45	JS Girls	800
8:00	JS Boys	800
8:15	Girls Invitational	3200
8:30	Boys Invitational	3200