

Qualifying Standards to compete at Channel League Finals

Event	Girls Varsity	Girls Frosh/Soph	Boys Varsity	Boys Frosh/Soph
100 Meters	14.0	14.5	12.0	12.75
200 Meters	29.0	30.0	25.0	26.0
400 Meters	69.0	70.0	58.0	60.0
800 Meters	2:40	2:50	2:15	2:25
1600 Meters	6:10	6:20	5:10	5:20
3200 Meters	14:00	15:00	11:00	12:00
100 LH / 110 HH	19.0	20.0	19.0	21.0
300 LH / IH	55.0	57.0	48.0	52.0
High Jump	4'6"	4'2"	5'6"	5'0"
Long Jump	14'6"	13'0"	18'0"	16'0"
Triple Jump	29'0"	27'0"	36'0"	32'0"
Shot Put	27'0"	25'0"	39'0"	35'0"
Discus	70'0"	60'0"	100'0"	85'0"
Pole Vault	8'0"	7'0"	10'0"	9'0"

County Championships Qualification Marks

	<u>Boys</u> <u>Varsity</u>	<u>Boys F/S</u>	<u>Girls</u> <u>Varsity</u>	<u>Girls F/S</u>
100 Meters	12.0	13.0	15.0	15.6
200 Meters	25.0	26.5	31.0	32.5
400 Meters	57.0	64.0	72.5	75.0
800 Meters	2:20.0	2:40.0	2:55.0	3:10.0
1600 Meters	5:20.0	5:30.0	6:45.0	7:00.0
3200 Meters	11:45.0	13:15.0	14:45.0	16:00.0
100/110 Hurdles	20.0	21.0	21.0	24.0
300 Int. Hurdles	50.0	52.0	60.0	65.0
Long Jump	18' 0"	15' 0"	13' 0"	12' 0"
Triple Jump	36' 0"	27' 0"	27' 0"	25' 0"
High Jump	5' 2 "	4' 8"	4' 4"	4' 0'
Pole Vault	8' 0"	7' 0"	6' 6"	5' 6"
Shot Put	37' 6 "	34' 6"	25' 6"	23' 6"
Discus	100' 0"	80' 0"	65' 0"	55' 0"